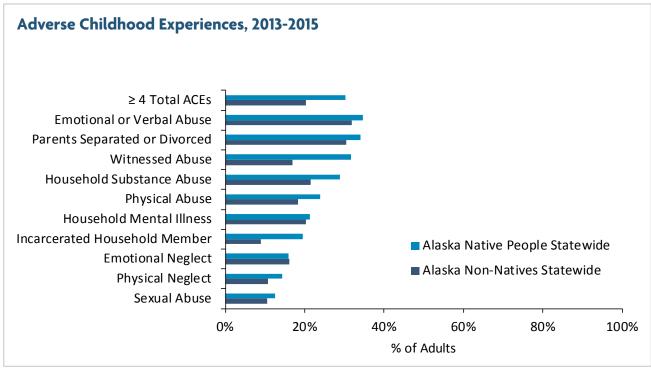
Adverse Childhood Experiences





Data Source: Alaska Division of Public Health, Behavioral Risk Factor Surveillance System Table C-120

Definition

An adverse childhood experience (ACE) is a stressful or traumatic experience, including abuse, neglect and a range of household dysfunctions such as witnessing domestic violence, or growing up with substance abuse, mental illness, parental discord, or crime in the home. ACEs have been linked to risky health behaviors, chronic health conditions, and early death.³⁶

Summary

- » During 2013–2015, 30.2% of Alaska Native adults reported experiencing 4 or more ACEs. This was significantly higher than Alaska non-Native adults (20.3%).
- » During 2013–2015, 31.7% of Alaska Native adults reported witnessing abuse in the household as a child. This was significantly higher than among Alaska non-Native adults (16.9%). During 2013–2015, sexual abuse was the least commonly reported ACE among Alaska Native adults (12.5%) and did not differ significantly from Alaska non-Native adults (10.6%).

Note: This report shows the most recent available ACEs data (2013-2015).

Adult Health

Adverse Childhood Experiences



Table C-120: Adverse Childhood Experiences, 2013-2015

Data Source: Alaska Division of Public Health, Behavioral Risk Factor Surveillance System

	Alaska Native People State- wide		Alaska Non-Natives Statewide	
	%	95% Confidence Interval	%	95% Confidence Interval
≥ 4 Total ACEs	30.2%	(27.0%-33.4%)	20.3%	(19.0%-21.7%)
Emotional or Verbal Abuse	34.6%	(31.3%-37.8%)	31.9%	(30.4%-33.3%)
Parents Separated or Divorced	34.0%	(30.7%-37.2%)	30.4%	(28.9%-31.8%)
Witnessed Abuse	31.7%	(28.4%-35.1%)	16.9%	(15.7%-18.1%)
Household Substance Abuse	29.0%	(26.7%-31.2%)	21.6%	(20.6%-22.7%)
Physical Abuse	23.8%	(20.9%-26.7%)	18.4%	(17.2%-19.7%)
Household Mental Illness	21.4%	(18.6%-24.1%)	20.4%	(19.2%-21.7%)
Incarcerated Household Member	19.6%	(17.1%-22.2%)	8.9%	(7.9%-9.9%)
Emotional Neglect	15.9%	(13.1%-18.8%)	16.2%	(14.7%-17.6%)
Physical Neglect	14.4%	(11.5%-17.3%)	10.7%	(9.5%-12.0%)
Sexual Abuse	12.5%	(10.9%-14.2%)	10.6%	(9.9%-11.4%)

Note: Data with wide confidence intervals are subject to higher relative standard error and should be used with caution.

³⁶ Centers for Disease Control and Prevention. (2021). Preventing Adverse Childhood Experiences. Retrieved from www.cdc.gov/violenceprevention/aces/fastfact.html